How to use potassium permanganate solution soaks
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Potassium permanganate solution soaks help to dry up weeping or blistering skin conditions.
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You need a bowl or bucket, and a clean bin liner bag, either cold or tepid water, and the potassium permanganate tablets (Permitabs)
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- Put the clean bin liner in the bowl, and fill with the required amount of water
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Put the potassium permanganate tablet into the water. Handle the tablet with gloves to prevent them staining your skin.
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- Agitate the water to dissolve the tablet. The water should be a rose wine colour.
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- If you are soaking your hands or feet, you can apply vaseline to your nails to prevent then staining.
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- Soak the affected area in the solution for 10 to 15 minutes.
- Then take off the solution, pat dry with a paper towel, and apply your prescribed cream or dressing.